

## CURRICULUM VITAE

### **Sandra Rafman, Ph. D.**

4350 Sherbrooke St. W. #213  
Westmount, Quebec, Canada,  
H3Z 1E3  
Telephone : 514-937-0782

Paediatric Psychologist  
Department of Psychology  
McGill University Health Center-Montreal Children's Hospital  
2300 Tupper St., Montreal, Quebec Canada, H3H 1PC  
Email: sandra.rafman@muhc.mcgill.ca  
Telephone: 514-412-4400 extension 22788

Professeure Honoraire  
Université du Québec à Montréal  
rafman.sandra@uqam.ca

### ***EDUCATION***

Ph.D.	Université de Montréal (Psychology): Dissertation: Relationship between therapist responses and antagonistic, fear-dependent and ambivalent child emotional behaviours. Advisor, Gabrielle Clerk	1977
M.A.	Université de Montréal (Psychology). Thesis: The infant's reaction to the stranger's imitation of maternal behaviour patterns. Advisor, Thérèse Gouin-Decarie	1969
B.A.	McGill University: Honours, English and Philosophy	1962
Internship	Montreal Children's Hospital	1969-1971
Scholarship	National Research Council	1966-1971

### **PROFESSIONAL EXPERIENCE**

Psychologist: McGill University Health Centre-Montreal Children's Hospital	1971- present
Associate Professor: Université du Québec à Montréal	1976- 1998
Professeure Honoraire: Université du Québec à Montréal	1998- present

## CLINICAL EXPERIENCE

### **Developmental Psychopathology and Paediatric Psychology at the McGill University Health Centre-Montreal Children's Hospital**

Overview: Expertise in evaluation and treatment of children, adolescents and their families for a wide variety of problems including moderate to severe medical, familial, developmental, emotional and cognitive problems. Developmental psychopathology and paediatric psychology with an emphasis on integrating developmental, attachment, medical and traumatic aspects.

Prevention programs, consultation, supervision and research with children, adolescents, their siblings, caregivers and community.

#### ***Community Psychology 1971-1977***

Active member Community mental health team member and resource person for a community health centre, community agencies, schools, police, citizens' groups.

- Member of the Montreal Children's hospital first community psychiatry team.
- Led group for children with conduct problems and issues of delinquency.
- Organized and led groups for teachers of children with learning disabilities and behavioural and conduct problems.
- Consulted to the social workers, Tyndale House and a wide variety of community groups. Followed many children from the Little Burgundy community.
- Participation with Dr Glorieu Julieu, Lehman and Whitaker in setting up one of the first CLSC in Little Burgundy as delegate from the Montreal Children's Hospital.

#### ***Outpatient Child Clinical Interventions for Psychology Department 1971-present***

Individual, group, and family interventions conducted as part of psychology's outpatient clinic

- Leader of seminar on play therapy in alternate years.
- Psychotherapy groups for children with peer relations problems. Led for many years a social skills group for children
- During internship and following, worked in Day Treatment Center with autistic children and children with pervasive developmental disorders and behaviour problems.
- Consultant and resource person as delegated by director of psychology to mental health projects regarding children and their families. Consultation to outside institutions as part of my task at the MCH.
  - Mackay Center: consultation to staff working with severely impaired children. Weekly meetings
  - Victorian Order of Nurses: resource person for nurses working with multi-problem and families, families under the Department of Youth Protection. meetings

- St. Jude School, Greenfield Park, consultant to principal and teachers of children with learning disabilities, included testing of approximately 200 children over a two years.
- Participant and consultant - Projet d'intervention à la maison auprès d'enfants de moins de cinq ans ayant des difficultés led by Jean Marie Bouchard, a multidisciplinary team between the hospital and UQAM in which I also made methodological contributions.

### ***Paediatric Psychology 1992-present.***

Screening, prevention and tertiary intervention with children, families and health professionals on paediatric intensive care unit, 1992-2010; eating disorder clinic, 2001-2007, the haematology/oncology service, 2002-2009, the cardiology service, 2010-and the technology dependent unit, 2010 to present.

Diagnosis, consultation, individual and family psychotherapy and research with infants, children, adolescents and families with a wide variety of life-threatening and serious illnesses to improve the quality of life on ward, address attachment and traumatic issues and to enhance development.

#### Expertise in

- a. consultation and collaboration in a creative and effective way with a wide variety of multi-disciplinary teams
  - b. the effects of different illnesses and medical regimens on the child and the family's emotional, social and behavioural development.
  - c. differentiating emotional distress within normal limits for children, their families and siblings with acute and chronic medical conditions.
  - d. ongoing acquisition or developing appropriate and valid paediatric interventions. Developed original methods to address complex and seemingly intractable resistance to truly problematic cases.
  - e. ethical issues in practice of psychology in medical settings. Developed and taught first ethics in psychology course at UQAM.
  - f. palliative care,
  - g. Experience with patients from diverse ethnic and cultural backgrounds.
  - h. Expertise in different consultation-liaison models
  - i. Experience with advocacy in pediatric health care including social
  - j. Ensuring continuity of care after discharge
- Group for children facing life-threatening illness for several years.
  - Development of a proposal for a Day Program for Adolescents with Eating disorders. Development of literature review, methodological and clinical considerations and research protocol.
  - Multiple presentations to PICU, cardiology, haematology/oncology team of special needs of children and adolescents in hospital
  - Member of Paediatric Transition to Adult care team; literature review.

**Clinical supervision** of residents, interns, graduate students from the Universities of Montreal and Quebec as well as Concordia and McGill as well as international students.

Accréditation : 1997 être superviseur de stage au Centre de services psychologiques de l'Université du Québec à Montréal

### ***Trauma Work***

Intervention with children, individuals or groups who have undergone critical life events, as outpatients or in patients of the psychology department of the MCH including the witnessing of parental homicide, sibling and parental suicide, witnessing of murder, severe burns, severe dog bites, living with a life threatening or fatal illnesses, incest, sexual and physical abuse, and living in situations of political violence.

- First line responder to a critical incidents in the hospital, first responder in the Aid and Assistance Program 22, 10, 1992.
- Invited to respond to team attending an accidental surgical death with follow-up meeting 2008-2009.
- Participation in Harassment Abuse and Violence Awareness Week, 1995.
- Upon request of the order of Psychologist of Quebec, intervened at Maison d' Haïti with children who had experienced earthquake of January 2010, worked directly with families and with local CLSC to establish different groups and give recommendations. Established many relevant groups for bereaved adults, children, etc. . Member of board of directors of Maison d' Haïti.
- Upon request of External Affairs Department, conducted two full day sessions with 30 Canadian missionaries, Oxfam, CIDA and other aid personal on April 23<sup>rd</sup> and April 30<sup>th</sup>, 1994 upon their repatriation to Canada from Rwanda. Many of these missionaries had succeeded in bringing out children adopted by Canadian parents.

### **Department And Hospital Contributions/Participations**

- Active participation and contribution of clinical and research work to the accreditation committees of the Ministry of both oncology/haematology, and PICU, (2007 + 2008) Appointment as instructor in Department of psychology as recognitions of past and future contributions of students in the clinical psychology program (139611299)

- Member of the Council of Physicians and Dentists: Reappointment this year as Medical Scientist with a McGill appointment as faculty lecturer for the period of January 1<sup>st</sup>, 2011 to June 30<sup>th</sup> 2014
- Upon request of associate Executive director: requested to make a plan for preparing for a disaster or terror event with attention to specific paediatric psychosocial needs and possible website.
- Organized a symposium on new directions in paediatric psychology in French for CPA, integrating a then junior member with a senior member, 2005
- Presentation of the research interests and achievements of members of the psychology department at the Montreal Children's Hospital to the Child Development Research Group (CDRG) 10 April, 2005.
- Created a Protocol D'entente between the Montreal Children's Hospital and UQAM for clinical and research purposes signed by Executive director of hospital Dr. Charters and rector of UQAM. 1980s
- Requested on a variety of occasions to address traumatic situations by OPQ.
- Presentations at ground rounds on children's reaction to illness, alleviating distress in hospitalized children
- Presentations on the website of the hospital: "*Exploring the Unique Needs of our Vulnerable Population: Psychosocial Considerations*". May 2006

#### **Delegated by then director of psychology department**

Participation in committees on the relation between psychology students in internship settings and in universities.

Regular and active attendance as representative to the Committee of CPPQ on role of psychologists in hospitals

Consultations to MAS and directors of psychology departments in the province 1973-1983

Nomination to the ethics committee of the OPQ from 1985 for 4 years.

#### **Community contributions**

Active member of consortium of children in War and Communal Violence International working group, annual meetings in Boston, at Yale Child Study Centre, The Violence Institute of New Jersey from 1995-2000.

Establishment and secretary of a group (association) entitled Psychologues sans Frontiers together with Celia Lillo and Emmanuel Habimana among others focussing I international cooperation, training of psychologist, therapeutic work with refugees. 1994-1996.

Organized panel of psychiatrist and psychologists entitled Invisible Scars to engage with audience as teaching and community building, , Champs de Mars, A story of War Imago by Pierre-Michel Tremblay Monument -national December 1st 2010.

Presentations of Trauma in Children and Adolescents at many public events

### **Reviewer as related to paediatric or developmental psychopathology**

Reviewer for grant requests for FCAC and from Montreal Children's Hospital Research Institute  
External reviewer of dissertations related to paediatric psychology or developmental psychopathology

External reviewer for psychology journals: recent reviews

Canadian Journal of Behavioural Science/ Revue des Sciences du Comportement,

Journal Frontières article on death and dying as perceived by children.

University of Toronto Press, book on child soldiers

Reviewer for the Division 48 of American Psychological Association, particularly for child and adolescent for the 2009 and 2010 program

Member of the Concordia-UQAM Chair in Ethnic Studies (1995-200)

Member of faculty of Conference on Group Psychotherapy (early 1980s)

### **Continuing education and specialized training**

Member of the International Society for Traumatic Stress Studies since its inception, have regularly attended, presented and taken workshops. Specific workshops on a variety of trauma-focused interventions with children and adolescents including cognitive behavioural techniques, child-parent and relational methods.

- Training at the second Bi-National conference on Treating Traumatized Children and Adolescents Dialogues on Children and Trauma. (Ma'ale Hachamisha (Jerusalem)) Israel. May 18-20 2004. 3 days of intensive workshops with Chemtob, Foa, Ford, Pelcovitz
- Specialized training in pediatric psychology. Regular participation at the annual meetings of the Society for Paediatric psychology, now an APA division and taking of workshops.
- Regular attendance at meetings and workshops of the Society for Psychotherapy Research.
- Two sabbaticals in areas of expertise, one with Gerald Caplan on chronic illness at Hadassah Hospital ,Jerusalem, and a second with emphasizing trauma Ben Gurion University center for health sciences.
- Training at John Hopkins Bloomberg School of Public Health Preparedness : introduction to mental health and preparedness, March 5, 2006 :

- Formation « intervenir comme psychologue pendant la crise haïtienne : Bien se préparer pour être mieux outillé. l'Ordre des psychologues du Québec, le 6 février, 2010.
- Intensive specialized training in emergency medicine learning and resources. Disaster Management Conference, Orlando, Florida, February 9-12 , 2004.
- Expertise in Child custody and Access Rights dans le cadre de la formation of the OPQ 2007

**Vérification professionnelle** : « vous exercez votre profession conformément a votre champ de compétence. Le CIP souligne votre désir d'adapter vos interventions aux besoins de votre clientèle, le rayonnement professionnel dont vous avez fait preuves, tant par le biais de vos conférences que par vos publications and communications. Le Comite remarque également la pertinence de votre formation continue. Pour tous ces aspects, le CIP vous félicite. » le 25 mai, 2001 signe par Janine Cressaty

## ACADEMIC EXPERIENCE

### **Among the Duties and responsibilities at the University of Quebec in Montreal:**

- Developed child and adolescent developmental psychopathology program at UQAM.
- Academic, research, clinical teaching and supervision of clinical, clinical child and paediatric psychology on undergraduate and graduate level.
- Establishment and direction of multi-institutional research project and training labs on various aspects of paediatric and clinical child psychology, trauma, and developmental psychopathology.
- Participation the development and supervision in UQAM counselling and training centre.

**Principle masters or doctoral principal dissertation supervisor** for theses in the area of paediatric and clinical child psychology:

- Loneliness in adolescents. (L. Desnoyers).
- Children's acceptance of chronic and life threatening illness: cleft palate and heart disorders. (Claudette Lacroix).
- Hostility in divorced and non-divorced mothers and their son's aggression. (A. Gendron)
- Specific effect of incest on girls from dysfunctional families. (Jean-Paul Hotte).
- The representation of loss by war-orphaned and non-war-orphaned child victims of war. (Jose Barbas).
- Perception du soutien social et capacité de révélation de soi chez les filles victimes d'inceste âgées de 6 à 14 ans et institutionnalisées: étude comparative. (Louise Allard)

**Sample of courses taught** at UQAM particularly relevant to my acquiring and maintaining expertise in developmental psychopathology and paediatric psychology,

- Laboratoire de pratique des tests en psychologie de l'enfant et de l'adolescent,
- Normalité et déviance : étude approfondie de la personnalité de : l'enfant et l'adolescent

- Initiation pratique aux méthodes d'intervention auprès de l'enfant et de l'adolescent.
- La psychologie clinique : approche psychopathologie développementale
- Atelier d'observation en psychologie clinique.
- Développement affectif de l'enfant et l'adolescent.
- Approches dynamiques et existentielles à l'intervention
- Processus psychologiques et évaluation : approche développementale
- Relations interpersonnelles de la petite enfance
- Déontologie en psychologie
- A wide variety of methodology courses.
- Many labs in child clinical évaluation, treatment and research.

**Psycholegal experience** in cases involving evaluation of parental psychopathology, parental alienation, physical and sexual abuse, evaluation of very young children, of nonverbal and developmentally challenged youngsters and adolescents, international adoption s(among other issues).

#### PROFESSIONAL ASSOCIATIONS

Ordre des psychologues du Québec

Canadian Psychological Association

International Society for Traumatic Stress Studies, member from first year.

Society for Psychotherapy Research, member from first meetings.

Society for Research in Child Development, member from first meetings

American Psychological Association: Member of APA divisions:

*Peace Psychology,*

*Paediatric Psychology,*

*Child and Adolescent Clinical Psychology,*

*Trauma Psychology, (Charter member, 2007)*

*Theoretical and Philosophical Psychology*

#### PUBLICATIONS

RAFMAN, S. Restoration of a moral universe: Children's Perspectives on Justice and Forgiveness. In Complexities of Forgiveness. Wanda Malcolm, (Ed.) Kathleen Belicki (Ed.) & Nancy deCourville (Ed.). pp. 213-232. Routledge Press: London

Bruce-Barrett, C., Matlow, A., RAFMAN, S. & Samson, L (2007). Pandemic Influenza Planning for Children and Youth: *Who's Looking Out for Our Kids?* Spring Issue of the CCHSE Healthcare Management FORUM, pp. 20-24.

RAFMAN, S. (2004). Where the political and the psychological meet: moral disruption and children's understanding of war. International Relations, 18, 1, pp. 67-78.



RAFMAN, S., Canfield, J., Barbas, J. & Kaczorowski, J. (1997) Children's representation of parental loss due to war. International Journal of Behavioural Development. 20, (1), 163-177.

RAFMAN, S., Canfield, J., Barbas, J. & Kaczorowski, J. (1996) Disrupted moral order and disrupted attachment in war-orphaned children. International Journal of Behavioral Development. 19(4), pp. 817-829.

Hotte, J. P., RAFMAN, S. (1992). The specific effects of incest on prepubertal girls from dysfunctional families. Child Abuse and Neglect. Volume 16, pp. 273-283.

Heller, A., RAFMAN, S., Pless, I.B. & Zvagulis, I. (1985). Birth defects and psychosocial adjustment. American Journal of Diseases of Children, 257-263.

Feuerstein, M., Barr, T.E., Francoeur, T.E., Houle, M.M. and RAFMAN, S. (1982). Potential biobehavioural mechanisms of recurrent abdominal pain in children. Pain, 13, 287-292.

#### **PUBLISHED ABSTRACTS and PRESENTATIONS**

RAFMAN, S. Moderator and organizer of a panel on "Play, trauma and development: New directions in play therapy research". Society for Psychotherapy Research Annual Meeting, Virginia Beach, June 20-23, 2012.

RAFMAN, S. and Canfield, J. Play, trauma and moral disruption. Society for Psychotherapy Research Annual Meeting, Virginia Beach, June 20-23, 2012.

RAFMAN, S. The value of a human rights perspective in addressing ongoing upheavals, traumas and losses of disaster-affected children: a comparison of the play narratives of young children living in Haiti or in Canada during the January 12 earthquake. Abstract published i12<sup>th</sup> European Conference on Traumatic Stress, (ECOTS), Vienna, Austria, June 2-5, 2011.

RAFMAN, S. Children's and Disasters: Unseen Trauma and Grief in Haiti's Earthquake, in Symposium: Advocating for children's rights, American Psychological Association Meetings, San Diego, USA, August 14, 2010

RAFMAN, S. Paediatric Intensive Care Interventions: Developmental, Trauma and Attachment Perspectives. Coping and Resilience Conference, Dubrovnik Croatia, October 2009 also at APA, August, 2009.

RAFMAN, S. Children's narratives of trauma, forgiveness and justice, developmental considerations. American Psychological Association Meetings, Toronto, Canada, August 2009.

- RAFMAN, S, Schrieber, M. Disaster Planning in a Pediatric Setting. 22<sup>nd</sup> Annual Meeting of the International Society for Traumatic Stress Studies, Hollywood, California, USA, November 4-7, 2006.
- Samson, L. Matlow, A., Skowronski, D., RAFMAN, S., & Bruce-Barrett, C. Panel Presentation Pandemic Planning in Our Paediatric Communities: *“Food for Thought & Incentive for Action.* CAPHC Annual Meeting Vancouver, British Columbia, October 15 - 18, 2006.
- RAFMAN, S. (2005). New Directions in Paediatric Psychology, Symposium organizer. Canadian Psychological Association. Montreal, Canada, June 5-7. Abstract published.
- RAFMAN, S. The role of the psychologist in the PICU: New Directions. Canadian Psychological Association. Montreal, Canada, June 5-7, 2005.
- RAFMAN, S. Symbolic representations of pre-school children who have experienced trauma. The second bi-national conference on treating traumatized children and adolescents. Ma’aleh Hachamisah, Israel. May 18-20, 2004.
- RAFMAN, S. Children, war and moral disruption. International Studies Association, 45th annual convention, Montreal, Canada, March 17-20, 2004.
- RAFMAN, S. Play narratives and symbolic representations of critically ill children and their siblings. Abstract published in the proceedings of the 19<sup>th</sup> annual meeting of the International Society of Traumatic Stress Studies. Chicago, USA, October 29-November 1, 2003.
- RAFMAN, S, Moral and social disruption in children’s representation of trauma. Abstract published in the Eighteenth Annual Meeting of the International Society for the Study of Traumatic Stress. Baltimore, Md. USA, November 7-10, 2002.
- RAFMAN, S. Recreation of continuity following traumatic events: Children’s perspective, narratives and symbols. Abstract published by the Society for the Study of Psychological Issues. Toronto, Ontario. June 28-30, 2002.
- RAFMAN, S. Impact of war-time parental loss on refugee and immigrant children, Refugee Research Project, McGill University, Montreal December 1977, 1998.
- RAFMAN, S. & Carnavale, F. Relational and moral transformations in three types of trauma : critical illness, incest and war. 17th Biennial Meetings International Society for the Study of Behavioural Development (ISSBD), Berne, Switzerland, July, 1998.
- RAFMAN, S. Rupture et continuité chez l’enfant victime de guerre. Présenté à la journée d’études, La rupture possible du lien social : Publié dans les Cahiers de la chaire Concordia-UQAM en études ethniques, Montréal, 22 mars 1995.

- RAFMAN, S. & Gendron, A. Hostility in divorced and non-divorced mothers and their son's aggression. Proceedings of the 10<sup>th</sup> annual meeting of the International Society for the Study of Behavioural Development (ISSBD). Jyväskylä, Finland, July 9-13, 1989.
- RAFMAN, S. & Lacroix, C. Children's coping strategies in the face of chronic illness. Canadian Psychology/Psychologie Canadienne, mai, volume 27, no. 2, 1986.
- RAFMAN, S. and Clerk, G. Relationship between therapist responses and children's aggressive and dependent behaviours. American Psychological Association, Chicago, August, 1975.
- RAFMAN, S. Alleviating emotional distress in hospitalized children: a video-tape presentation. Presented to the Society for Research in Child Development: Denver, April, 1975.
- RAFMAN, S. The psychologist as scientist professional, Canadian Psychological Association meetings, Montreal, July 30, 1974.
- RAFMAN, S. Precursors to delinquency: the role of psychological, cultural and social factors. American Anthropology Association, Mexico City, November, 1974.
- RAFMAN, S. (1974). The infant's reaction to increasing the stranger's behavioural similarity to the mother. In T. Gouin-Decarie (Ed.), The infant's reaction to the stranger. International Universities Press.

## GRANTS

- 1976-1977     **Fonds institutionnels de la recherche, Université du Québec à Montréal**  
Chercheure principale d'un projet intitulé "L'interaction dyadique et la structure de son évolution dans psychothérapie de l'enfant".
- 1977-1978     **L'Institut de recherche de l'hôpital de Montréal pour enfants, 2,700.\$**  
Chercheure principale d'un projet de recherche intitulé "Dyadic interaction and change patterns in child psychotherapy".
- 1978-1981     **Santé et Bien-être Canada, 72,333.25\$**  
Chercheure principale d'un projet de recherche multi institutionnel sur le processus psychothérapeutique avec les enfants.
- 1978-1981     **Gouvernement du Québec, Ministère de l'Éducation, F.C.A.C. - 37,650.\$**  
Co-chercheure sur le projet multi-institutionnel intitulé "L'expérimentation d'un modèle d'intervention à la maison auprès de familles qui vivent avec un très jeune enfant handicapé de moins de cinq ans".
- 1982-1983     **Subvention octroyée par l'Institut de recherche de l'hôpital**

Chercheure-principale sur un projet intitulé "La perception de l'enfant de la maladie chronique".

- 1986 Octroi d'une subvention à Sandra RAFMAN et à un groupe de collègues **par le Centre inter-universitaire d'études européennes (CIEE) d'un montant de 3,450.\$**  
Projet intitulé "Les conséquences du génocide".
- 2006 **Montreal Children's Hospital Foundation: \$6,500.** Preparation for disaster or terror event